



# November



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>Breakfast:</b> Resident's Choice <b>Lunch:</b> Chicken & Cheesy Rice Bake, Broccoli, Dessert <b>Dinner:</b> Egg Salad Sandwich, Cucumber Slices, Applesauce	<b>2</b> <b>Breakfast:</b> Oatmeal or Scrambled Eggs <b>Lunch:</b> Oven Roasted Pork Chops, Mashed Potatoes, Corn, Dessert <b>Dinner:</b> Chicken Noodle Soup, Crackers, Fruit	<b>3</b> <b>Breakfast:</b> Pancakes <b>Lunch:</b> Tuna Noodle Casserole, Apple Slices, Dessert <b>Dinner:</b> Ham & Turkey Chef Salad, Garlic Breadstick, Fruit	<b>4</b> <b>Breakfast:</b> Resident's Choice <b>Lunch:</b> Meatloaf, Mashed Potatoes, Corn, Dessert <b>Dinner:</b> Chicken Salad Sandwich, Cottage Cheese, Green Pepper Slices & Dip	<b>5</b> <b>Breakfast:</b> Cinnamon Roll <b>Lunch:</b> BLT Sandwiches, French Fries, Dessert <b>Dinner:</b> BBQ Chicken Sandwich, Fruit, Pudding	<b>6</b> <b>Breakfast:</b> French Toast <b>Lunch:</b> Beef Burrito, Refried Beans, Corn, Dessert <b>Dinner:</b> Beef and Vegetable Soup, Dinner Roll, Fruit	<b>7</b> <b>Breakfast:</b> Resident's Choice <b>Lunch:</b> Spaghetti & Meat Sauce, Garlic Breadstick, Dessert <b>Dinner:</b> Turkey Sandwich, Chips, Fruit Cocktail
<b>8</b> <b>Breakfast:</b> Resident's Choice <b>Lunch:</b> Chicken Pot Pie, Salad, Dessert <b>Dinner:</b> Roast Beef Sliders, Cucumber Slices, Fruit	<b>9</b> <b>Breakfast:</b> Oatmeal or Scrambled Eggs <b>Lunch:</b> Lasagna, Garlic Breadstick, Dessert <b>Dinner:</b> Tuna Salad Sandwich, Applesauce, Pudding	<b>10</b> <b>Breakfast:</b> Pancakes <b>Lunch:</b> Stuffed Green Pepper Soup, Crackers, Fruit, Dessert <b>Dinner:</b> Monte Cristo Sandwich, Fruit	<b>11</b> <b>Breakfast:</b> Resident's Choice <b>Lunch:</b> Sweet & Sour Chicken, Rice, Peas, Dessert <b>Dinner:</b> Grilled Cheese, Tomato Soup, Fruit	<b>12</b> <b>Breakfast:</b> Omelette <b>Lunch:</b> Beef Stroganoff, Salad, Dessert <b>Dinner:</b> Broccoli & Cheese Soup, Dinner Roll, Fruit	<b>13</b> <b>Breakfast:</b> French Toast <b>Lunch:</b> Breaded Chicken Strips, Onion Rings, Corn, Dessert <b>Dinner:</b> Fried Egg Sandwich, Roasted Potatoes, Applesauce	<b>14</b> <b>Breakfast:</b> Resident's Choice <b>Lunch:</b> Scalloped Potatoes & Ham, Roasted Broccoli, Dessert <b>Dinner:</b> Mini Corn Dogs, French Fries, Fruit
<b>15</b> <b>Breakfast:</b> Resident's Choice <b>Lunch:</b> Broccoli & Cheddar Mac & Cheese, Fruit, Dessert <b>Dinner:</b> Turkey Sandwich, Cooked Carrots, Fruit	<b>16</b> <b>Breakfast:</b> Oatmeal or Scrambled Eggs <b>Lunch:</b> Chicken Alfredo, Salad, Dessert <b>Dinner:</b> Ham & Bean Soup, Dinner Roll, Fruit	<b>17</b> <b>Breakfast:</b> Pancakes <b>Lunch:</b> Baked Ziti, Garlic Breadstick, Green Beans, Dessert <b>Dinner:</b> Chicken & Dumpling Soup, Fruit	<b>18</b> <b>Breakfast:</b> Resident's Choice <b>Lunch:</b> Mushroom Swiss Burger, Mashed Potatoes & Gravy, Dessert <b>Dinner:</b> Chicken, Bacon, Ranch Wrap, Cucumber Slices, Fruit	<b>19</b> <b>Breakfast:</b> Cinnamon Roll <b>Lunch:</b> Pot Roast, Potatoes & Carrots, Dinner Roll, Dessert <b>Dinner:</b> Roast Beef Sliders, Veggies & Dip, Applesauce	<b>20</b> <b>Breakfast:</b> French Toast <b>Lunch:</b> Breaded Fish, Roasted Potatoes, Peas, Desert <b>Dinner:</b> Cream of Wild Rice Soup, Fruit	<b>21</b> <b>Breakfast:</b> Resident's Choice <b>Lunch:</b> Beef Stew, Mashed Potatoes, Dinner Roll, Dessert <b>Dinner:</b> Chicken Noodle Soup, Dinner Roll, Fruit
<b>22</b> <b>Breakfast:</b> Resident's Choice <b>Lunch:</b> Goulash, Salad, Fruit, Dessert <b>Dinner:</b> Cook's Choice Sandwich, Fruit	<b>23</b> <b>Breakfast:</b> Oatmeal or Scrambled Eggs <b>Lunch:</b> Homemade Pizza, Cottage Cheese, Dessert <b>Dinner:</b> Cheddar Broccoli Soup, Garlic Breadstick, Fruit	<b>24</b> <b>Breakfast:</b> Pancakes <b>Lunch:</b> Beef and Cheese Quesadilla, Refried Beans, Dessert <b>Dinner:</b> Spinach & Beef Soup, Garlic Breadstick, Fruit	<b>25</b> <b>Breakfast:</b> Resident's Choice <b>Lunch:</b> Spaghetti & Meat Sauce, Broccoli, Dinner Roll, Dessert <b>Dinner:</b> Ham Chef Salad, Hard Boiled Egg, Fruit	<b>26</b> <b>Breakfast:</b> Omelette <b>Lunch:</b> Roasted Turkey, Stuffing, Mashed Potatoes, Corn, Dessert <b>Dinner:</b> Tuna Salad Sandwich, Fruit <b>HAPPY THANKSGIVING</b>	<b>27</b> <b>Breakfast:</b> French Toast <b>Lunch:</b> Grilled Cheese & Tomato Soup, Salad, Dessert <b>Dinner:</b> Meatball Sliders, Green Beans, Fruit	<b>28</b> <b>Breakfast:</b> Resident's Choice <b>Lunch:</b> Sloppy Joes, French Fries, Dessert <b>Dinner:</b> Breakfast for Dinner!
<b>29</b> <b>Breakfast:</b> Resident's Choice <b>Lunch:</b> Apple Glazed Roasted Pork Chops, Mashed Potatoes, Corn, Dessert <b>Dinner:</b> Turkey Soup, Dinner Roll, Fruit						*Menu subject to change based on food supply. Adjustments for Special diets.*

